



**HARTFORD INSTITUTE FOR GERIATRIC NURSING**  
**NEW YORK UNIVERSITY COLLEGE OF NURSING**

*ConsultGeriRN.org*



**TOPIC: DEMENTIA**  
**TEST YOUR KNOWLEDGE !**

**Please note: There are currently no contact hours associated to these post-tests.**  
This post-test is to be used for review.

When you feel that you have fully completed reviewing the materials on ConsultGeriRN.org regarding this topic, please do the following:

1. Print out the Post-Test.
2. Complete the Post-Test in pencil or pen.
3. Please be sure that your NAME, ADDRESS, TELEPHONE #, and RN LICENSE # are on your TEST.
4. Mail your post-test to:

Ms. Yamilee Bazile  
The Hartford Institute of Geriatric Nursing  
New York University College of Nursing  
726 Broadway, 10<sup>th</sup> Floor  
New York, NY 10003  
[yjb200@nyu.edu](mailto:yjb200@nyu.edu)/ Fax 212.995.4561

***Results & Resubmission***

If you score 80% or better on the test, a certificate of completion will be mailed to you. If you score less than 80%, a copy of your test will be returned to you via mail or email so that you can see the subject areas in need of improvement.

We suggest that you review your returned test and re-study those sections on ConsultGeriRN.org pertaining to those content areas where you need improvement. When you reach a score of 80%, you will receive a certificate of completion.

**Dementia: Learning Objectives**

1. Describe the prevalence of dementia in older adults.
2. Describe risk factors for and symptoms of dementia.
3. Describe the common types of dementia.
4. Assess for dementia using various screening tools.
5. Appraise assessment and treatment strategies for dementia.
6. Contrast dementia, delirium, and depression in older adults.

**Dementia Post-Test Questions**

1. Which of the following statistics about dementia is most accurate?
  - a. About 1 million Americans have Alzheimer's disease
  - b. About 4 - 5 million Americans have Alzheimer's disease
  - c. About 10% of individuals with dementia have Alzheimer's disease
  - d. About 75% of individuals with dementia have Alzheimer's disease
2. The greatest risk factor for Alzheimer's disease is:
  - a. Advanced age
  - b. Family history of multi-infarct dementia
  - c. Head injury
  - d. Memory loss
3. An appropriate question to assess a patient's judgment is:
  - a. What did you do for a living?
  - b. What is going on in current events?
  - c. What would you do if there was a fire in your house?
  - d. Who is the President of the United States?
4. When assessing a patient's mental status, an acutely ill patient would have more problems with which of the following compared to a medically stable demented patient?
  - a. Stating the days of the week backwards
  - b. Identifying a pencil and watch
  - c. Orientation
  - d. Registration

Name: \_\_\_\_\_

5. In Alzheimer's disease, there is a progressive loss of ability to perform tasks. A medically stable Alzheimer's patient gradually loses the ability to perform which of the following tasks first:
  - a. Bathing
  - b. Grooming
  - c. Maintaining a checkbook
  - d. Walking
  
6. Ability to pay bills is an example of which aspect of cognition?
  - a. Attention
  - b. Executive function
  - c. Language
  - d. Thinking
  
7. Mrs. G. diagnosed with dementia of the Alzheimer's type since 2001 has difficulty with the proper intake of food. She frequently looks at the utensils, but doesn't use them. Your assessment is:
  - a. Agnosia
  - b. Amnesia
  - c. Anorexia
  - d. Aphasia
  
8. Which of the following is a tool used to screen for executive function?
  - a. Clock Drawing Test
  - b. Confusion Assessment Method
  - c. Katz Activities of Daily Living Scale
  - d. Yesavage Depression Scale
  
9. When asking a patient to state the date, you are testing:
  - a. Attention span
  - b. Long term memory
  - c. Orientation
  - d. Recall
  
10. The mental status screening tool that has a high level of sensitivity and specificity while having less bias than other tools is the:
  - a. Clock Drawing Test
  - b. Folstein Mini Mental Status Exam
  - c. Functional Activities Questionnaire
  - d. Mini Cog

Name: \_\_\_\_\_

11. Severity of disease progression in dementia can be demonstrated by functional decline.
  - a. True
  - b. False
  
12. Mr. S. is an 85 year old male with moderate stage dementia of the Alzheimer's type. He says he bathes daily, but you note body odor and dirt between his toes. To further assess the situation you would:
  - a. Accept the information given as accurate
  - b. Corroborate the history from the closest caregiver
  - c. Tell him to hire a home health aide
  - d. Tell the family that he has progressing dementia and needs nursing home placement
  
13. (Refer to question 12 above) Mr. S.'s daughter starts crying and says she does not know how to manage her father anymore. She has two small children and cannot handle caring for them and her father. You suggest:
  - a. A caregiver support group
  - b. An antidepressant
  - c. Nursing home placement for her father
  - d. That she will be alright and that it is normal to feel this way
  
14. Mr. M., a 82 year old male with dementia of the Alzheimer's Type for 5 years and a history of untreated prostate cancer for 4 years, is admitted to your unit after a fall in the bathroom. Hip fractures were ruled out, but he awaits a bone scan of his spine and pelvis. During his morning bath, you notice Mr. M. grunting, grimacing, and thrashing his arms. Your assessment is:
  - a. All dementia patients resist baths
  - b. He is in pain and needs to be pre-medicated before baths
  - c. He needs a companion to stay with him during bath time
  - d. This is probably part of his baseline personality
  
15. Best practice in care of hospitalized older adults with dementia includes:
  - a. Identifying risk of wandering
  - b. Providing meals at different times
  - c. Providing 1 to 1 supervision for all patients
  - d. Restraining those who attempt to get out of bed without assistance

Name: \_\_\_\_\_

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